

RESEARCH

Open Access



Associations of maternal exposure to fine particulate matter with preterm and early-term birth in high-risk pregnant women

Kaixin Cao^{1,2,3†}, Hongyan Jin^{3†}, Haoxin Li¹, Mengmeng Tang^{1,2}, Jianhong Ge^{1,2}, Zekang Li^{1,2}, Xiaoyun Wang^{1,2} and Xuetao Wei^{1,2*}

Abstract

Background: Environmental pollution is a risk factor for adverse birth outcomes, especially preterm birth (PTB) and early-term birth (ETB). It has been revealed that exposure to fine particulate matter (PM_{2.5}) during pregnancy increase the prevalence of PTB. However, the relationship between PM_{2.5} exposure and ETB has not been elucidated. In high-risk pregnancies, whether PM_{2.5} exposure will bring higher risk of PTB and ETB than in normal pregnancies is still unclear, and the susceptible exposure window is obscure. Therefore, it is worthy of assessing the risk on PTB and ETB and identifying the susceptible exposure windows of PM_{2.5} exposure in high-risk pregnant women.

Results: This paper collected the clinical data of 7974 singletons, high-risk pregnant women in Peking University First Hospital from 2014 to 2018, and analyzed them using logistic regression and stratified analysis. We observed that exposure to high-level ($\geq 75 \mu\text{g}/\text{m}^3$) of PM_{2.5} during the third trimester of pregnancy increases the risk of PTB and ETB (PTB: odds ratio[OR] = 1.43, 95% confidence interval [CI]:1.05–1.93. ETB: OR = 1.29, 95%CI: 1.09–1.54). Furthermore, the effects of each 10 $\mu\text{g}/\text{m}^3$ increase in PM_{2.5} on PTB and ETB were significant during the third trimester (PTB: OR = 1.35, 95%CI:1.16–1.58. ETB: OR = 1.12, 95%CI:1.02–1.22) and the entire pregnancy (PTB: OR = 6.12, 95%CI:4.27–8.89. ETB: OR = 1.96, 95%CI:1.59–2.43) in the high-level exposure group.

Conclusions: These results suggest that high-level PM_{2.5} exposure during pregnancy is associated with high risk of PTB and ETB in high-risk pregnancies. The third trimester of pregnancy is speculated to be the susceptible exposure window.

Keywords: PM_{2.5}, High-risk pregnant women, Preterm birth, Early-term birth

Introduction

Preterm birth (PTB), defined as babies born before 37 completed weeks of pregnancy, has become an increasing global health problem [1, 2]. The incidence of PTB is increasing globally, ranging from 7.4 to 13.5% in different regions [3, 4]. Preterm infants are at high risk of

death and disability [5]. As the leading cause of death in children under five years of age, PTB can lead to several complications such as dyspnea, neurodevelopmental sequelae and intracranial hemorrhage [6, 7]. Moreover, PTB is the ninth leading cause of disability-adjusted life-years globally [8]. Contrary to the past belief that neonatal outcomes for term births (37–40 weeks' gestation) were uniform and good, early-term birth (ETB, 37–38 weeks' gestation) was recently found to have poorer neonatal outcomes, especially respiratory morbidity, and long-term

* Correspondence: weixt@bjmu.edu.cn

[†]Kaixin Cao and Hongyan Jin contributed equally to this work.

¹School of Public Health, Peking University, 100191 Beijing, China

²Beijing Key Laboratory of Toxicological Research and Risk Assessment for Food Safety, Peking University, 100191 Beijing, China

Full list of author information is available at the end of the article



© The Author(s). 2022 **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>. The Creative Commons Public Domain Dedication waiver (<http://creativecommons.org/publicdomain/zero/1.0/>) applies to the data made available in this article, unless otherwise stated in a credit line to the data.

health outcomes such as educational outcomes, than full-term birth (39–40 weeks' gestation) [9–15].

PTB and ETB are multi-factorial processes, and the causation of spontaneous preterm delivery remains unidentified in up to half of all cases [16, 17]. The WHO reported that environmental factors represent 6% of the causation of adverse pregnancy outcomes [18]. Due to the updated satellite and monitoring data, air pollutants, especially $PM_{2.5}$, have drawn much more attention in recent years. Current studies have not reached a consensus on the relationship between $PM_{2.5}$ exposure and PTB. Some epidemiological studies observed a significant positive association between $PM_{2.5}$ exposure and PTB in different areas where the average $PM_{2.5}$ concentration range from 10 to 70 $\mu\text{g}/\text{m}^3$ [19–29], however, others do not [30–32]. Moreover, only one research conducted in China has explored the association between $PM_{2.5}$ and ETB (hazard ratio = 1.09 for each 10 $\mu\text{g}/\text{m}^3$ increase in $PM_{2.5}$ over the entire pregnancy, 95%CI: 1.09–1.10) [28].

High-risk pregnant women refer to those who are prone to high blood pressure, diabetes, fetal malformations, miscarriage, premature delivery and other risks during pregnancy. Exposure to $PM_{2.5}$ in high-risk pregnant women may promote preterm birth and have a greater impact on adverse pregnancy outcomes through interaction with risk factors compared with healthy mothers. A growing body of studies has explored the association between maternal exposure to $PM_{2.5}$ and PTB in China [33–35]. However, these researches were conducted in a relatively healthy population and seldom adjusted potential confounders like maternal medical conditions.

Our study was designed to focus on the high-risk pregnant women in Beijing during 2014–2018. Meanwhile, the detailed high-risk factors of each subject were collected. The effects of $PM_{2.5}$ exposure on PTB and ETB were evaluated, and sensitive periods of $PM_{2.5}$ exposure were explored.

Methods

Study population

The study population for this study was the mothers have been diagnosed as high-risk individuals during pregnancy according to *Beijing Risk Assessment Form of Pregnancy* in Peking University, First Hospital. Based on the Hospital's maternal high-risk database, 9250 women who conceived and delivered between Jan 1st, 2014 to Dec 31st, 2018 were eligible for inclusion. The main exclusion criteria included multiple-gestation pregnancies, stillbirth and key information missing (e.g., date of delivery, gestational age and home address). After exclusion, the cohort finally includes 7974 singleton live birth pregnancies for further analysis. The details are given in Fig. S1 (see Supplementary information).

Data for the current study were obtained from Peking University, First Hospital, including birth records and maternal high-risk database. Specifically, birth records registered by obstetric nurse contains the information of pregnancy outcome. The maternal high-risk database is specifically for high-risk pregnant women tracking the occurrence of risk factors such as alcohol consumption, exposure to smoking, and most importantly, the underlying maternal high-risk medical conditions throughout pregnancy. Moreover, the detailed home address of pregnant women is recorded in the high-risk database, which is the basis for our exposure assessment.

Exposure window and exposure assessment

To explore the susceptible window of $PM_{2.5}$ exposure during pregnancy, we defined four exposure periods: the entire pregnancy, the first trimester (1–13 weeks), the second trimester (14–26 weeks), and the third trimester (27 weeks–birth).

The data on $PM_{2.5}$ exposure for each individual from pregnancy to childbirth was obtained from Beijing Municipal Environmental Monitoring Center and calculated using inverse distance weighted interpolation, which has been demonstrated to be the best approach for our study [36]. Briefly, hourly concentrations of $PM_{2.5}$, recorded by 35 monitoring stations across the city of Beijing from 2014 to 2018, were collected and then they were converted into daily averages. Using inverse distance weighted interpolation, we estimated the daily mean level of $PM_{2.5}$ exposure for each pregnant woman based on their home address and pregnancy time. The geographical distribution map of the participants' home addresses and nearby monitoring sites are shown in Fig. S2 (see Supplementary information).

For exploring the sensitive exposure window, the daily average concentrations of $PM_{2.5}$ in four exposure periods—the entire pregnancy, first trimester, second trimester, and third trimester were calculated using daily mean level above and were categorized as high-level exposure if the daily average concentration over the specified time period was greater than 75 $\mu\text{g}/\text{m}^3$, while low-level exposure with $PM_{2.5}$ less than 75 $\mu\text{g}/\text{m}^3$, taking account of the Chinese ambient air quality standard for 24-hour average of $PM_{2.5}$ [37].

Outcome and covariates

Our main outcomes were preterm birth and early term birth. PTB was defined as delivery prior to 37 completed weeks of gestational age and ETB was defined as delivery from 37 to 38 weeks of gestational age.

The selected covariates contain maternal age (< 35 or \geq 35 years of age), parity (1, 2 or \geq 3), infant sex (male or female), season of conception (spring: March to May, summer: June to August, autumn: September to December,

winter: November to February), year of conception, pregnancy body mass index (BMI in kg/m^2 , < 24 or ≥ 24), hazardous poison exposure (yes or no), mode of delivery (cesarean section or vaginal delivery) and the underlying maternal high-risk medical conditions: hyperglycemia (yes or no), hypertension (yes or no), scarred uterus (yes or no), uterine fibroids (yes or no), ovarian cyst (yes or no) and in vitro fertilization (yes or no). Hazardous poison exposure was defined as exposure to smoking, drinking, occupational poison/contraindication, or radiation during pregnancy.

Statistical analysis

We used χ^2 test to compare the difference among pregnant outcomes. The associations between pregnant outcomes and $\text{PM}_{2.5}$ exposure were estimated using logistic regression analysis, and the results were reported as ORs (odds ratio) with their 95% CIs (confidence interval). In the primary analysis, ORs for high-level $\text{PM}_{2.5}$ exposure during the first, second and third trimester as well as over the entire pregnancy for each outcome (ETB and PTB) were estimated from separate models. In the secondary analysis, $\text{PM}_{2.5}$ was modeled as a continuous variable, and the relationships between $\text{PM}_{2.5}$ exposure increased per $10 \mu\text{g}/\text{m}^3$ and the risk of each outcome were explored through stratified analyses in high-level exposure group and low-level exposure group respectively. The effects of maternal age, BMI, hazardous poison exposure, parity, infant sex, season of conception, the year of conception, mode of delivery and the underlying maternal high-risk medical factors were adjusted. In addition, the level of $\text{PM}_{2.5}$ exposure (high-level or low-level) during earlier stages of pregnancy was also adjusted in the later stage of pregnancy models.

Sensitivity analyses were performed to examine the robustness of results. Specifically, we repeated the primary analysis at non-hyperglycemia and non-hypertension populations, and we also did stratified analyses by the mode of delivery. All analyses were performed using R version 3.6.0. Comparison with a two-sided probability value < 0.05 was considered statistically significant.

Results

A total of 7974 high-risk pregnant women with live singletons birth were included. The incidence rate of PTB was 8.18% (652/7974) and ETB was 33.94% (2706/7974). Women of advanced maternal age (≥ 35 years of age) accounted for 49.02% of the study population. Half of the mothers (49.71%) reported this birth as their first child, and half of the mothers (50.69%) delivered by caesarean section. After preliminary statistical analysis, preterm birth rates and early term birth rates were higher among mothers older than 35 years old, delivered by caesarean section, as well as mothers diagnosed with hypertension or hyperglycemia (Table 1, Table S1 see

Supplementary information). Table 1 and S1 summarized the detailed characteristics of the study population.

The average level of $\text{PM}_{2.5}$ during the first, second and third trimester and the entire pregnancy was $70.72 \mu\text{g}/\text{m}^3$, $69.02 \mu\text{g}/\text{m}^3$, $66.15 \mu\text{g}/\text{m}^3$ and $68.60 \mu\text{g}/\text{m}^3$, respectively, their interquartile range was also showed in Table S2 (see Supplementary information). Table 2 shows crude and adjusted odd ratios and 95% confidence intervals for PTB and ETB in participants exposed to high-level $\text{PM}_{2.5}$ during different periods of pregnancy. After adjustment for covariates, high-level $\text{PM}_{2.5}$ exposure during the third trimester increased risk of preterm birth and early term birth, the adjusted ORs (95%CI) were 1.43 (95%CI: 1.05–1.93) and 1.29 (95%CI: 1.09–1.54), respectively.

Results for the associations of PTB and ETB with $10 \mu\text{g}/\text{m}^3$ increase in $\text{PM}_{2.5}$ exposure based on exposure level stratification are presented in Table 3. Under high exposure condition ($\text{PM}_{2.5} \geq 75 \mu\text{g}/\text{m}^3$), we observed $\text{PM}_{2.5}$ exposure in the third trimester was associated with an increased risk of PTB and ETB (for preterm birth, OR = 1.35, 95%CI: 1.16–1.58; and for early term birth, OR = 1.12, 95%CI: 1.02–1.22). Similarly, the effects of $\text{PM}_{2.5}$ exposure on PTB and ETB were significant during the entire pregnancy (for preterm birth, OR = 6.12, 95%CI: 4.27–8.89; and for early term birth, OR = 1.96, 95%CI: 1.59–2.43) among high-level exposure group ($\text{PM}_{2.5} \geq 75 \mu\text{g}/\text{m}^3$). However, no significant associations between $\text{PM}_{2.5}$ exposure and PTB or ETB were observed at low exposure condition.

To evaluate the robustness of the results, we conducted sensitivity analyses, the results are shown in Fig. 1. For early term birth, the sensitivity analyses among subgroup of non-hypertension and non-hyperglycemia as well as among vaginal delivery individuals did not substantially change the results. However, in the subgroup analysis of cesarean section, compared with the results of the whole population, the effect of high-level $\text{PM}_{2.5}$ during the third trimester was attenuated, and the difference was no statistically significant. The results of sensitivity analyses for PTB were similar to ETB.

Discussion

We evaluated the associations between exposure to $\text{PM}_{2.5}$ and PTB as well as ETB in high-risk pregnant women. The result indicated that exposure to $\text{PM}_{2.5}$ during the third trimester or throughout pregnancy was positively associated with PTB and ETB.

At stratified analysis, we found a close association between $\text{PM}_{2.5}$ exposure during the entire pregnancy and PTB on the high exposure condition. It is consistent with recent research. Studies including meta-analysis,

Table 1 Characteristics of mothers of preterm and term infants

Characteristics	Total		Preterm birth		Term birth*		P
	N=7974(100%)		N=652(8.18%)		N=7322(91.82%)		
	n	(%)	n	(%)	n	(%)	
Maternal age ≥ 35 (%)	3909	49.02	329	50.46	3580	48.89	0.47
BMI ≥ 24 (%)	408	5.12	40	6.13	368	5.03	0.25
Exposure to hazardous poison (%)	93	1.17	7	1.07	86	1.17	0.97
Number of previous deliveries (%)							0.01
0	3964	49.71	351	53.83	3613	49.34	
1	3908	49.01	288	44.17	3620	49.44	
2	102	1.28	13	1.99	89	1.22	
Number of previous pregnancies (%)							0.13
0	2351	29.48	197	30.21	2154	29.42	
1	2820	35.36	210	32.21	2610	35.65	
2	1637	20.53	132	20.25	1505	20.55	
≥ 3	1166	14.62	113	17.33	1053	14.38	
Baby's sex of male (%)	4107	51.50	348	53.37	3759	51.34	0.34
In Vitro Fertilization (%)	763	9.57	72	11.04	691	9.44	0.21
Delivery by cesarean section (%)	4042	50.69	418	64.11	3624	49.49	<0.001
Hyperglycemia (%)	189	2.37	23	3.53	166	2.27	0.06
Hypertension (%)	151	1.89	37	5.67	114	1.56	<0.001
Scarred uterus (%)	2223	27.88	190	29.14	2033	27.77	0.48
Ovarian cyst (%)	186	2.33	16	2.45	170	2.32	0.94
Uterine fibroids (%)	976	12.24	83	12.73	893	12.20	0.74
Season of conception (%)							0.19
Spring	2042	25.61	185	28.37	1857	25.36	
Summer	1873	23.49	135	20.71	1738	23.74	
Autumn	1934	24.25	153	23.47	1781	24.32	
Winter	2125	26.65	179	27.45	1946	26.58	
Year of conception (%)							<0.001
2014	22	0.28	0	0.00	22	0.30	
2015	1557	19.53	110	16.87	1447	19.76	
2016	2723	34.15	225	34.51	2498	34.12	
2017	2932	36.77	228	34.97	2704	36.93	
2018	740	9.28	89	13.65	651	8.89	

*term birth: delivery ≥ 37 weeks of gestation

two national birth cohort studies and investigations of individual cities in China all drew similar conclusions, indicating an increased risk of PTB induced by PM_{2.5} exposure [20, 27, 28, 33, 38].

As for the susceptible window of PM_{2.5} exposure during pregnancy, there is no consistent conclusions. In our study, we observed PM_{2.5} exposure in the third trimester was associated with an increased risk of PTB and ETB. A retrospective cohort study in China found that the correlation between PM_{2.5} exposure and increased risk

of PTB was most pronounced in the third trimester (HR = 1.06, 95%CI:1.06–1.07 for each 10 $\mu\text{g}/\text{m}^3$ increase in PM_{2.5}) [27]. Meanwhile, studies in Shanghai, China (OR = 1.06, 95%CI:1.01–1.12 for each 10 $\mu\text{g}/\text{m}^3$ increase in PM_{2.5}) [33], as well as in Guangzhou, China [35] also found PM_{2.5} exposure in the third trimester was strongly responsible for the increased cases of PTB. However, two recent meta-analysis researches combining previous studies found no association of PTB with PM_{2.5} exposure during the third trimester, and the ORs(95%CI) were

Table 2 Crude and adjusted odds ratios and their 95% CI for high-level PM_{2.5} of preterm birth and early term birth

Outcomes	Trimester 1		Trimester 2		Trimester 3		Entire pregnancy	
	OR (95% CI)	P	OR (95% CI)	P	OR (95% CI)	P	OR (95% CI)	P
Crude model ¹								
Full-term birth	1.00		1.00		1.00		1.00	
Preterm birth	0.96(0.79,1.15)	0.654	0.90(0.74,1.10)	0.324	1.29(1.04,1.59)	0.021	0.84(0.71,1.00)	0.054
Early term birth	0.83(0.75,0.93)	0.002	1.06(0.94,1.18)	0.331	1.39(1.23,1.58)	< 0.001	1.03(0.93,1.13)	0.611
Adjusted model ²								
Full-term birth	1.00		1.00		1.00		1.00	
Preterm birth	1.12(0.86,1.47)	0.396	1.00(0.76,1.32)	0.984	1.43(1.05,1.93)	0.021	0.68(0.50,0.94)	0.019
Early term birth	0.90(0.77,1.06)	0.204	0.99(0.84,1.17)	0.923	1.29(1.09,1.54)	0.004	0.87(0.72,1.05)	0.156

High-level PM_{2.5}: average concentration over the specified time period $\geq 75 \mu\text{g}/\text{m}^3$

1: Logistic regression model, adjusted for maternal age and BMI

2: Logistic regression model, adjusted for maternal age, BMI, exposure to hazardous poison, number of previous deliveries, the season of conception, the year of conception, sex of the baby, mode of delivery, hyperglycemia, hypertension, scarred uterus, uterine fibroids, ovarian cyst, in vitro fertilization and the PM_{2.5} exposure level during earlier stages of pregnancy

1.02(0.99 ~ 1.04) and 1.08(0.99 ~ 1.17), respectively [20, 38]. Regarding early term birth, only one study in China has investigated the associations between PM_{2.5} and ETB, reporting a significant association between PM_{2.5} and ETB at specific times in three trimesters and throughout pregnancy [28].

Compared with previous studies, this study shows stronger detrimental associations between PM_{2.5} exposure with PTB and ETB. The exposure level, study design, and sample population may potentially contribute to the difference. Firstly, the population in this study was exposed to a much higher level of PM_{2.5} than studies conducted in other regions (e.g., Europe and USA) [31, 32, 39]. Secondly, we used term delivery (delivery from 39 to 40 weeks) as a control group in contrast to previous studies that used term delivery (≥ 37 full weeks) as a control. This study, and related studies have shown that PM_{2.5} can induce an elevated risk of ETB [28]. Therefore, changes in the selected control group may have resulted in higher outcomes compared to existing studies based on the full-term birth control group. Furthermore, we focused on the high-risk pregnant women. Blencowe,

et al. [4] has reported diseases, such as diabetes, hypertension, are risk factors for PTB. Moreover, relative to the healthy pregnant population, women with pre-pregnancy diabetes, asthma or preeclampsia were more sensitive to PM_{2.5} [26]. As for the other individual risk factors like age and parity, the proportions of pregnant women in our study who were over 35 years old and had previous pregnancies were up to 49.02% and 70.52% respectively, which are much higher than those in prior studies [27, 40]. Finally, variations in the source and composition of PM_{2.5} may also be one of the reasons for the different results, as it has been reported that several sources of PM_{2.5} and specific PM_{2.5} components are associated with adverse pregnancy outcomes [41–44].

Some merits of this study. Firstly, we collected the maternal high-risk medical conditions during pregnancy of each individual, and adjusted these potential confounders in our statistical analysis, given their documented association with PTB [45]. Secondly, PM_{2.5} exposure in this study was predicated using inverse distance weight based on ground-monitoring data. In our previous methodological studies, this interpolation method showed higher prediction

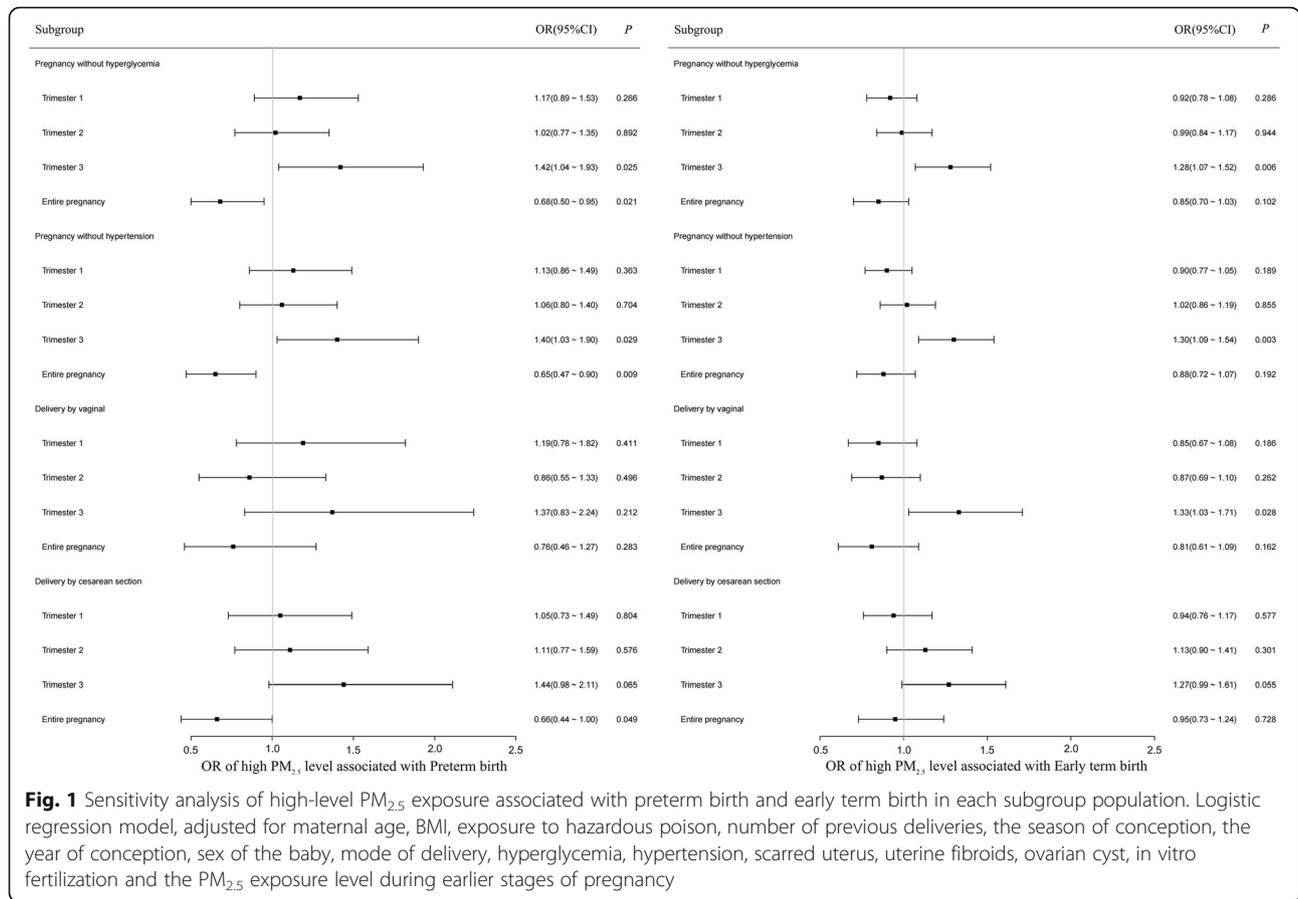
Table 3 Adjusted odds ratios and 95% CIs of preterm birth and early term birth for each 10 $\mu\text{g}/\text{m}^3$ increment in PM_{2.5} exposure during trimesters and the entire pregnancy

	High-level PM _{2.5}					Low-level PM _{2.5}				
	Full term birth	Preterm birth		Early term birth		Full term birth	Preterm birth		Early term birth	
		OR (95% CI)	P	OR (95% CI)	P		OR (95% CI)	P	OR (95% CI)	P
Trimester 1	1.00	0.91(0.80,1.04)	0.161	0.97(0.89,1.05)	0.444	1.00	0.95(0.82,1.10)	0.503	0.95(0.87,1.03)	0.210
Trimester 2	1.00	0.89(0.77,1.03)	0.122	0.99(0.90,1.07)	0.741	1.00	0.86(0.74,1.01)	0.071	1.02(0.93,1.12)	0.705
Trimester 3	1.00	1.35(1.16,1.58)	< 0.001	1.12(1.02,1.22)	0.021	1.00	0.93(0.81,1.06)	0.249	0.97(0.89,1.05)	0.431
Entire pregnancy	1.00	6.12(4.27,8.89)	< 0.001	1.96(1.59,2.43)	< 0.001	1.00	1.01(0.79,1.30)	0.917	0.99(0.85,1.14)	0.850

High-level PM_{2.5}: average concentration over the specified time period $\geq 75 \mu\text{g}/\text{m}^3$

Low-level PM_{2.5}: average concentration over the specified time period $< 75 \mu\text{g}/\text{m}^3$

Logistic regression model, adjusted for maternal age, BMI, exposure to hazardous poison, number of previous deliveries, the season of conception, the year of conception, sex of the baby, mode of delivery, hyperglycemia, hypertension, scarred uterus, uterine fibroids, ovarian cyst, in vitro fertilization and the PM_{2.5} exposure level during earlier stages of pregnancy



accuracy with a root mean squared error of 17.97 $\mu\text{g}/\text{m}^3$ [36], which may be mainly due to the high density of monitoring stations. Finally, we try to explore the association between PM_{2.5} and ETB. As far as we know, there have been growing studies focused on the association between air pollution and PTB. However, a few researches reported the impacts of air pollution on ETB. Previous research in obstetrics and gynecology indicated those neonatal outcomes varied depending on the timing of delivery within the period for 3 weeks before until 2 weeks after the estimated date of delivery [9, 46]. Base on the available evidence, we selected the subgroup of full-term birth (39–40 weeks of gestation) as our control group and identified the harmful effect of maternal PM_{2.5} exposure on ETB. The result would extend our understanding of the impact of PM_{2.5} exposure on pregnant outcome.

Our research also has limitations. Firstly, quantification of an individual’s exposure is imprecise since personal sampling equipment is not practical for population cohort studies. Secondly, other air pollutants and their ambient concentrations are not considered. Synergistic effects between PM_{2.5} and other air pollution have been reported in PTB [47]. Finally, despite the statistical adjustment for medical conditions, the other personal factors like

education level, household income, mental state, and work pressure are not considered due to unavailability of this information. A previous study reported that adverse health effects due to mental health may be amplified during pregnancy, and increased the risk of adverse pregnancy outcomes such as preterm birth [48].

Conclusions

Taken together, the results of this study suggest that exposure to high-level PM_{2.5} during the third trimester of pregnancy can increase the risk of preterm birth and early term birth in high-risk pregnant women. The findings from our study indicate that the third trimester of pregnancy might be the sensitive exposure window. Further, research with a larger sample size in the high-risk pregnant population is needed to determine the modified effect of high-risk factors in developing appropriate health care.

Abbreviations

PTB: Preterm birth; ETB: Early term birth; PM_{2.5}: Fine particulate matter; OR: Odds ratio; CI: Confidence interval

Supplementary information

The online version contains supplementary material available at <https://doi.org/10.1186/s41021-022-00239-0>.

Additional file 1.

Acknowledgements

We would like to thank the staffs from Peking University, First Hospital, and all the partners who help us in the process of this study.

Authors' contributions

Kaixin Cao, and Hongyan Jin contribute equally and are considered co-first authors; Xuetao Wei is the corresponding author, have full access to all of the study data, and is responsible for the accuracy of the data analysis. Study concept and design: Kaixin Cao, Hongyan Jin, Xuetao Wei. Acquisition, analysis, or interpretation of data: Kaixin Cao, Hongyan Jin, Haoxin Li, Xuetao Wei. Drafting of the manuscript: Kaixin Cao, Hongyan Jin, Xiaoyun Wang. Critical revision of the manuscript for important intellectual content: Kaixin Cao, Hongyan Jin, Haoxin Li, Mengmeng Tang, Jianhong Ge, Zekang Li, Xiaoyun Wang, Xuetao Wei. Administrative, technical, or material support: Kaixin Cao, Hongyan Jin, Haoxin Li, Mengmeng Tang, Jianhong Ge, Zekang Li, Xiaoyun Wang, Xuetao Wei. Study supervision: Xuetao Wei. Corresponding author: correspondence to Xuetao Wei. The author(s) read and approved the final manuscript.

Funding

This work was supported by National Key Research & Development Program (2016YFC1000201).

Availability of data and materials

Not applicable.

Declarations

Ethics approval and consent to participate

Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declared they had no competing interests.

Author details

¹School of Public Health, Peking University, 100191 Beijing, China. ²Beijing Key Laboratory of Toxicological Research and Risk Assessment for Food Safety, Peking University, 100191 Beijing, China. ³Peking University First Hospital, 100191 Beijing, China.

Received: 15 November 2021 Accepted: 23 February 2022

Published online: 15 March 2022

References

- Platt MJ. Outcomes in preterm infants. *Public Health*. 2014;128(5):399–403. <https://doi.org/10.1016/j.puhe.2014.03.010>.
- Vogel JP, Oladapo OT, Manu A, Gülmezoglu AM, Bahl R. New WHO recommendations to improve the outcomes of preterm birth. *Lancet Glob Health*. 2015;3(10):e589–90. [https://doi.org/10.1016/S2214-109X\(15\)00183-7](https://doi.org/10.1016/S2214-109X(15)00183-7).
- WHO. recommended definitions, terminology and format for statistical tables related to the perinatal period and use of a new certificate for cause of perinatal deaths. *Acta Obstet Gynecol Scand*. 1977;56(3):247–53. <https://doi.org/10.3109/00016347709162009>.
- Blencowe H, Cousens S, Chou D, Oestergaard M, Say L, Moller AB, et al. Born too soon: the global epidemiology of 15 million preterm births. *Reprod Health*. 2013;10(Suppl 1):2. <https://doi.org/10.1186/1742-4755-10-S1-S2>.
- Glass HC, Costarino AT, Stayer SA, Brett CM, Cladis F, Davis PJ. Outcomes for extremely premature infants. *Anesth Analg*. 2015;120(6):1337–51. <https://doi.org/10.1213/ANE.0000000000000705>.
- Liu L, Oza S, Hogan D, Chu Y, Perin J, Zhu J, et al. Global, regional, and national causes of under-5 mortality in 2000–15: an updated systematic analysis with implications for the Sustainable Development Goals. *Lancet*. 2016;388(10063):3027–35. [https://doi.org/10.1016/S0140-6736\(16\)31593-8](https://doi.org/10.1016/S0140-6736(16)31593-8).
- Glover AV, Manuck TA. Screening for spontaneous preterm birth and resultant therapies to reduce neonatal morbidity and mortality: A review. *Semin Fetal Neonatal Med*. 2018;23(2):126–32. <https://doi.org/10.1016/j.jsiny.2017.11.007>.
- GBD 2016 DALYs and Collaborators HALE. Global, regional, and national disability-adjusted life-years (DALYs) for 333 diseases and injuries and healthy life expectancy (HALE) for 195 countries and territories, 1990–2016: a systematic analysis for the Global Burden of Disease Study 2016. *Lancet*. 2017;390(10100):1260–344. [https://doi.org/10.1016/S0140-6736\(17\)32130-X](https://doi.org/10.1016/S0140-6736(17)32130-X).
- ACOG Committee Opinion No 579. Definition of term pregnancy. *Obstet Gynecol*. 2013;122(5):1139–40. <https://doi.org/10.1097/O1.AOG.0000437385.88715.4a>.
- Boyle EM, Poulsen G, Field DJ, Kurinczuk JJ, Wolke D, Alfirevic Z, et al. Effects of gestational age at birth on health outcomes at 3 and 5 years of age: population based cohort study. *BMJ*. 2012;344:e896. <https://doi.org/10.1136/bmj.e896>.
- Fan HSL, Wong JYH, Fong DYT, Lok KYW, Tarrant M. Breastfeeding outcomes among early-term and full-term infants. *Midwifery*. 2019;71:71–6. <https://doi.org/10.1016/j.midw.2019.01.005>.
- Korhonen P, Haataja P, Ojala R, Hirvonen M, Korppi M, Paasilta M, et al. Asthma and atopic dermatitis after early-, late-, and post-term birth. *Pediatr Pulmonol*. 2018;53(3):269–77. <https://doi.org/10.1002/ppul.23942>.
- Lindström K, Lindblad F, Hjern A. Psychiatric morbidity in adolescents and young adults born preterm: a Swedish national cohort study. *Pediatrics*. 2009;123(1):e47–53. <https://doi.org/10.1542/peds.2008-1654>.
- MacKay DF, Smith GCS, Dobbie R, Pell JP. Gestational age at delivery and special educational need: retrospective cohort study of 407,503 schoolchildren. *PLoS Med*. 2010;7(6):e1000289. <https://doi.org/10.1371/journal.pmed.1000289>.
- Edwards MO, Kotecha SJ, Lowe J, Richards L, Watkins WJ, Kotecha S. Early-term birth is a risk factor for wheezing in childhood: A cross-sectional population study. *J Allergy Clin Immunol*. 2015;136(3):581–7.e2. <https://doi.org/10.1016/j.jaci.2015.05.005>.
- Menon R. Spontaneous preterm birth, a clinical dilemma: etiologic, pathophysiologic and genetic heterogeneities and racial disparity. *Acta Obstet Gynecol Scand*. 2008;87(6):590–600. <https://doi.org/10.1080/00016340802005126>.
- Romero R, Dey SK, Fisher SJ. Preterm labor: one syndrome, many causes. *Science*. 2014;345(6198):760–5. <https://doi.org/10.1126/science.1251816>.
- World Health Organization. Preventing disease through healthy environments: a global assessment of the burden of disease from environmental risks. 2016. <https://www.who.int/news/item/14-03-2016-preventing-disease-through-healthy-environments-a-global-assessment-of-the-burden-of-disease-from-environmental-risks>.
- Klepac P, Locatelli I, Korošec S, Künzli N, Kukec A. Ambient air pollution and pregnancy outcomes: A comprehensive review and identification of environmental public health challenges. *Environ Res*. 2018;167:144–59. <https://doi.org/10.1016/j.envres.2018.07.008>.
- Sun X, Luo X, Zhao C, Chung Ng RW, Lim CE, Zhang B, et al. The association between fine particulate matter exposure during pregnancy and preterm birth: a meta-analysis. *BMC Pregnancy Childbirth*. 2015;15:300. <https://doi.org/10.1186/s12884-015-0738-2>.
- Zhu X, Liu Y, Chen Y, Yao C, Che Z, Cao J. Maternal exposure to fine particulate matter (PM_{2.5}) and pregnancy outcomes: a meta-analysis. *Environ Sci Pollut Res Int*. 2015;22(5):3383–96. <https://doi.org/10.1007/s11356-014-3458-7>.
- Fleischer NL, Meriardi M, van Donkelaar A, Vadillo-Ortega F, Martin RV, Betran AP, et al. Outdoor air pollution, preterm birth, and low birth weight: analysis of the world health organization global survey on maternal and perinatal health. *Environ Health Perspect*. 2014;122(4):425–30. <https://doi.org/10.1289/ehp.1306837>.
- Chen G, Guo Y, Abramson MJ, Williams G, Li S. Exposure to low concentrations of air pollutants and adverse birth outcomes in Brisbane, Australia, 2003–2013. *Sci Total Environ*. 2018;622–623:721–6. <https://doi.org/10.1016/j.scitotenv.2017.12.050>.
- Kloog I, Melly SJ, Ridgway WL, Coull BA, Schwartz J. Using new satellite based exposure methods to study the association between pregnancy PM_{2.5} exposure, premature birth and birth weight in Massachusetts. *Environ Health*. 2012;11:40. <https://doi.org/10.1186/1476-069X-11-40>.

25. Ritz B, Wilhelm M, Hoggatt KJ, Ghosh JK. Ambient air pollution and preterm birth in the environment and pregnancy outcomes study at the University of California, Los Angeles. *Am J Epidemiol*. 2007;166(9):1045–52. <https://doi.org/10.1093/aje/kwm181>.
26. Lavigne E, Yasseen AS 3rd, Stieb DM, Hystad P, van Donkelaar A, Martin RV, et al. Ambient air pollution and adverse birth outcomes: Differences by maternal comorbidities. *Environ Res*. 2016;148:457–66. <https://doi.org/10.1016/j.envres.2016.04.026>.
27. Guo T, Wang Y, Zhang H, Zhang Y, Zhao J, Wang Q, et al. The association between ambient PM_{2.5} exposure and the risk of preterm birth in China: A retrospective cohort study. *Sci Total Environ*. 2018;633:1453–9. <https://doi.org/10.1016/j.scitotenv.2018.03.328>.
28. Li Q, Wang Y, Guo Y, Zhou H, Wang X, Wang Q, et al. Effect of airborne particulate matter of 2.5 μm or less on preterm birth: A national birth cohort study in China. *Environ Int*. 2018;121(Pt 2):1128–36. <https://doi.org/10.1016/j.envint.2018.10.025>.
29. Yuan L, Zhang Y, Wang Y, Chen R, Liu Y, Liu C, et al. Critical windows for maternal fine particulate matter exposure and adverse birth outcomes: The Shanghai birth cohort study. *Chemosphere*. 2020;240:124904. <https://doi.org/10.1016/j.chemosphere.2019.124904>.
30. Stieb DM, Chen L, Hystad P, Beckerman BS, Jerrett M, Tjepkema M, et al. A national study of the association between traffic-related air pollution and adverse pregnancy outcomes in Canada, 1999–2008. *Environ Res*. 2016;148:513–26. <https://doi.org/10.1016/j.envres.2016.04.025>.
31. Hannam K, McNamee R, Baker P, Sibley C, Agius R. Air pollution exposure and adverse pregnancy outcomes in a large UK birth cohort: use of a novel spatio-temporal modelling technique. *Scand J Work Environ Health*. 2014;40(5):518–30. <https://doi.org/10.5271/sjweh.3423>.
32. Hyder A, Lee HJ, Ebisu K, Koutrakis P, Belanger K, Bell ML. PM_{2.5} exposure and birth outcomes: use of satellite- and monitor-based data. *Epidemiology*. 2014;25(1):58–67. <https://doi.org/10.1097/EDE.0000000000000027>.
33. Xiao Q, Chen H, Strickland MJ, Kan H, Chang HH, Klein M, et al. Associations between birth outcomes and maternal PM_{2.5} exposure in Shanghai: A comparison of three exposure assessment approaches. *Environ Int*. 2018;117:226–36. <https://doi.org/10.1016/j.envint.2018.04.050>.
34. Qian Z, Liang S, Yang S, Trevathan E, Huang Z, Yang R, et al. Ambient air pollution and preterm birth: A prospective birth cohort study in Wuhan, China. *Int J Hyg Environ Health*. 2016;219(2):195–203. <https://doi.org/10.1016/j.ijheh.2015.11.003>.
35. Liu Y, Xu J, Chen D, Sun P, Ma X. The association between air pollution and preterm birth and low birth weight in Guangdong, China. *BMC Public Health*. 2019;19(1):3. <https://doi.org/10.1186/s12889-018-6307-7>.
36. Cao K, Tang M, Ge J, Li Z, Wang X, Li G, Wei X. Comparison of methods to interpolate missing PM_{2.5} values: Based on air surveillance data of Beijing. *JEOM*. 2020;37(4):299–305. <https://doi.org/10.13213/j.cnki.jeom.2020.19740>.
37. Ministry of Ecology and Environment of the People's Republic of China. Ambient air quality standards. 2012. http://www.mee.gov.cn/ywgz/fqgz/bz/bzwb/dqjhjhb/dqjzlbz/201203/t20120302_224165.htm.
38. Li X, Huang S, Jiao A, Yang X, Yun J, Wang Y, et al. Association between ambient fine particulate matter and preterm birth or term low birth weight: An updated systematic review and meta-analysis. *Environ Pollut*. 2017;227:596–605. <https://doi.org/10.1016/j.envpol.2017.03.055>.
39. Pereira G, Bell ML, Lee HJ, Koutrakis P, Belanger K. Sources of fine particulate matter and risk of preterm birth in Connecticut, 2000–2006: a longitudinal study. *Environ Health Perspect*. 2014;122(10):1117–22. <https://doi.org/10.1289/ehp.1307741>.
40. Fuchs F, Monet B, Ducruet T, Chaillet N, Audibert F. Effect of maternal age on the risk of preterm birth: A large cohort study. *PLoS ONE*. 2018;13(1):e0191002. <https://doi.org/10.1371/journal.pone.0191002>.
41. Laurent O, Hu J, Li L, Cockburn M, Escobedo L, Kleeman MJ, et al. Sources and contents of air pollution affecting term low birth weight in Los Angeles County, California, 2001–2008. *Environ Res*. 2014;134:488–95. <https://doi.org/10.1016/j.envres.2014.05.003>.
42. Kelly FJ, Fussell JC. Size, source and chemical composition as determinants of toxicity attributable to ambient particulate matter. *Atmos Environ*. 2012;60:504–26. <https://doi.org/10.1016/j.atmosenv.2012.06.039>.
43. Park M, Joo HS, Lee K, Jang M, Kim SD, Kim I, et al. Differential toxicities of fine particulate matters from various sources. *Sci Rep*. 2018;8(1):17007. <https://doi.org/10.1038/s41598-018-35398-0>.
44. Xu F, Shi X, Qiu X, Jiang X, Fang Y, Wang J, et al. Investigation of the chemical components of ambient fine particulate matter (PM_{2.5}) associated with in vitro cellular responses to oxidative stress and inflammation. *Environ Int*. 2020;136:105475. <https://doi.org/10.1016/j.envint.2020.105475>.
45. Goldenberg RL, Culhane JF, Iams JD, Romero R. Epidemiology and causes of preterm birth. *Lancet*. 2008;371(9606):75–84. [https://doi.org/10.1016/S0140-6736\(08\)60074-4](https://doi.org/10.1016/S0140-6736(08)60074-4).
46. Delnord M, Blondel B, Prunet C, Zeitlin J. Are risk factors for preterm and early-term live singleton birth the same? A population-based study in France. *BMJ Open*. 2018;8(1):e018745. <https://doi.org/10.1136/bmjopen-2017-018745>.
47. Siddika N, Rantala AK, Antikainen H, Balogun H, Amegah AK, Rytö NRI, et al. Synergistic effects of prenatal exposure to fine particulate matter (PM_{2.5}) and ozone (O₃) on the risk of preterm birth: A population-based cohort study. *Environ Res*. 2019;176:108549. <https://doi.org/10.1016/j.envres.2019.108549>.
48. Chisholm CA, Bullock L, Ferguson JEJ. Intimate partner violence and pregnancy: epidemiology and impact. *Am J Obstet Gynecol*. 2017;217(2):141–4. <https://doi.org/10.1016/j.ajog.2017.05.042>

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

